

#### The Georgia Rehabilitation Association Newsletter

Conference Edition, Jul. 2019

n behalf of Georgia Rehabilitation Association and the 2019 Conference committee, I wish to extend a warm and heart felt "WELCOME" to you all!

We are delighted to have you all her at the Marriott in the historic River Street of Savannah to participate and share in our 2019 Annual GRA training conference.

Our goal is to provide you with a dynamic training opportunity that will leave you inspired, refreshed, and ready to serve. We have a fabulous program ready so take advantage of all it has to offer.

I want to especially thank everyone on the committee and our board! This is a group effort.

Thank you for your attendance and continued support of GRA. GA is # 1 in NRA!

Carried ton July S

Dana Skelton, B.S.Ed., MRC, CRC 2019 GRA President

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# **Chapter Reports**

#### **METRO**—Lutrell Thomas

etro Board met on 3/4/19 to discuss plans for activities and events for the year. Board members selected committees to chair. Ideas for Lunch and Learn and potential speakers were also discussed with tentative date in May.

#### **NORTHEAST**—Joyesha Blake

he Northeast Chapter had a new member who passed away, Jessica Eilen, from the Cumming VR office. She will be remembered at the Remembrance Ceremony at the GRA Conference. Members are looking forward to the conference and have donated multiple door prizes as well as donating items to the GARL Silent Auction. They will also be talking about fundraising opportunities for the conference.

#### **RWS** —Cheryl Leidy

he annual Easter Eggstravaganza was held on April 19. Unfortunately, due to stormy weather in our area, the egg hunt was held in the elementary school classrooms instead of the Quad at RWS. For the first time ever the bunny did not appear!

We have a new member: Twiwanda Devauld-Bryant. Twi is a Case Manager at RWS.

We are sad to have lost retiree Bill Tomlin this year. Every time I saw Bill in the community, he loved talking about his days in VR and at RWS. His smile and great stories about early days at RWS will be missed.

#### **WEST**—Jason Williams

ur local Chapter looks forward to sponsoring a training event this spring for local members and to support the GRA Annual Training Conference in August.

# **Division Reports**

**GAMRC**: Georgia Association of Multicultural Rehabilitation Concerns

ould like to remind everyone of the 2019 NAMRC Conference in Atlanta on July 17-20. It will be held at the Hyatt Downtown. Details are on <a href="http://namrc.org/">http://namrc.org/</a> or on social media platforms @NAMRC.

**GARL**: Georgia Association of Rehabilitation Leadership

lease plan to donate and purchase items at the 2019 GARL Annual Auction to be held during breaks in the opening session of the first day of the GRA Annual Training Conference in Savannah in August.

Also, please submit a nomination for the GARL Continuing Education Grant (an award of \$250 to support Rehabilitation Professionals in completion of education and training) and the J. Ellies Moran Leadership Award.

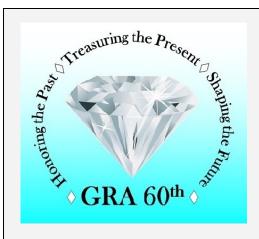
#### **GRCEA**: Georgia Rehabilitation Counselors and Educators Association

he GRCEA Pre-Conference training will consist of 3 presentations, conducted by Cece Walker, Paige Tidwell & LaToya Bivins and GAMRC members Shrika Montgomery, Johnesha Harris and Katavia Sloan.

The training will provide a total of 3 hours of ethics. GRCEA will be offering a discounted registration rate for students in an attempt to increase membership. The student rate will be \$20.

GRCEA member Kristina Henderson will be reaching out to Mercer University for sponsorship in the form of an ad for the GRA conference.

GRCEA will be collecting school supplies for a local high school in Savannah during the pre-conference training as well as toiletries for a battered women's shelter in north Georgia.





# 2019 GRA Conference: Aug. 6-9, 2019 Savannah Marriott Riverfront

Please click the links below to access the following forms:

- 2019 GRA Conference Registration Form
- 2019 GRA Conference Registration Form (for GVRA Employees)
- 2019 GRCEA Preconference Registration Form





#### **GRA Conference Committee News**

#### **Facilitators Needed**

Please contact Cheryl Meadows Ussery at <a href="mailto:cheryl@sharecoastalga.comcastbiz.net">cheryl@sharecoastalga.comcastbiz.net</a> if you're interested in becoming a facilitator for this year's conference.

#### **Nominations Committee**

We're looking for a few "GREAT" Rehab Professionals to serve as Vice President-Elect and Board Members at Large for the Class of 2022. Elections will be held at the 2019 GRA Annual Conference.

If interested, please contact Cheryl Braswell at cheryl.braswell@gvs.ga.gov.

#### **Registration Bags Committee News**

We would like for each chapter to start asking vendors for donations to place in the conference bags. We are expecting about 300 attendees. For more information, please contact Nicky Lamb at <a href="mailto:nicky.lamb@gvs.ga.gov">nicky.lamb@gvs.ga.gov</a>. The expectation are that each Chapter & Division will need to provide items indigenous to their areas.

The Savannah VR office is happy to assist in this year's conference preparations. If anyone needs to ship or mail items to us for holding until conference time, please contact Candace Mims at 912-356-2226 or <a href="mailto:Candace.mims@gvs.ga.gov">Candace.mims@gvs.ga.gov</a>. Please let her know ahead of time what you'll be sending as a courtesy. Thanks!

#### Savannah VR Office

Attn: Candace Mims—GRA Conference 450 Mall Blvd. Suite B. Savannah, GA 31406

#### **Registration Committee Volunteers Needed**

Please contact Nicky Lamb at <a href="mailto:nicky.lamb@gvs.ga.gov">nicky.lamb@gvs.ga.gov</a> if you're interested in becoming a volunteer with the Registration Committee at this year's conference.

#### 2019 GARL Auction



# The Georgia Association of Rehabilitation Leadership (GARL)



#### Needs You!

Clean Your Attics, Make and Bring Stuff!

Donate Now to the **GARL 2019 Auction\*!** 

Call Gigi Taylor at 404-796-1991 for pick up in the Atlanta Metro Area

**OR** 

Bring items when you come to the 2019 GRA Conference in Savannah:

- Art
- Athletic Event Tickets
- Calligraphy
- Clothes
- Collectibles
- Crafts

- Goodie Bags
- Household Items
- Jewelry
- Music
- Plants
- Wine

We would appreciate any of these or other items for donation!!

The Auction will take place during breaks in the GRA Opening Session and will be in a Silent Auction Format.

Cash and/or Checks are both accepted as payment.

\*All proceeds from the Auction support continuing education scholarships for rehabilitation professionals.







#### **GRCEA Division Gives Back to Transition Students**

The GRCEA Division has selected an inner-city high school in Savannah as an effort to demonstrate our commitment to the newly established collaboration with the Dept. of Education. We are asking attendees of the Pre-Conference Ethics Training to bring classroom item donations, which will be given to the chosen high school.

As we all know, teachers often have to spend their own money to ensure students have the supplies they need for school. GRCEA would like to show our support for teachers and students to DOE through this donation.

Please go and do some "Back to School" shopping for a high school student, and show your support for our teachers!

**Items Needed**: Paper (College Ruled), No. 2 Pencils, 3-ring binder notebooks, 3 prong folders, pens, composition books, highlighters, zip drives, etc.

We will also be collecting donations of toiletries to a battered women's shelter in north Georgia.

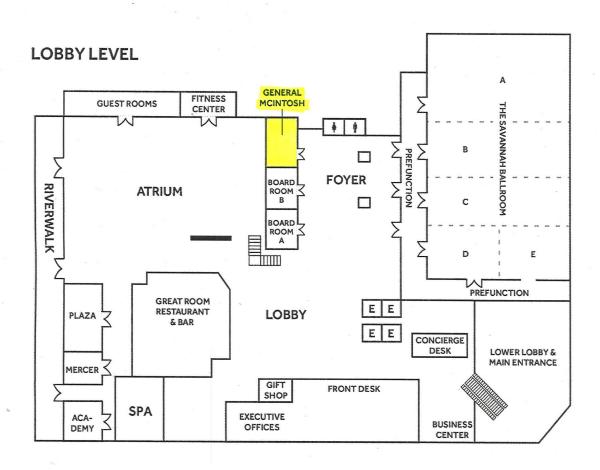


### **Stuffing of GRA Conference Bags**

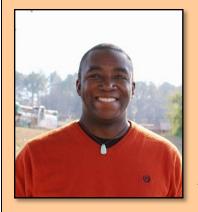
For those who would like to help with the stuffing of the GRA Conference Bags, we will meet in the **General McIntosh Room (see map below of the highlighted room)**. It will be the room on the far right corner next to the restrooms. The event will start on *Tuesday, Aug. 6 at 5:15 PM* and go on until all of the bags are stuffed.

Please contact Nicky Lamb at <a href="mailto:nicky.lamb@gvs.ga.gov">nicky.lamb@gvs.ga.gov</a> if you're interested.

#### **MAP**



## **CANDIDATE BIOS**



#### Keita Alston, GVRA—President Elect

My name is Keita Alston and I'm running for 2020 GRA President Elect. Since becoming a member in 2011, I've have seen a lot along the way. And I've also learned a lot as well. I can list you the many events I've attendance and committees I've chaired for GRA but it would be too long for me to name. I believe that the reputation I have within GRA is one where the conversation I have with members and nonmembers is respectful and cordial. I welcome any new ideas you may

have for the strength and growth of GRA.

Learning is a part of growth not only within GRA but also for myself as well. I hope to learn a lot from 2020 GRA President, Jeff Allen, and find ways to take GRA to higher heights when I become GRA president in 2021. I also want to work with members to provide training sessions and reach out within the community to help those with disabilities be the best person he or she can be. As our motto states, we'll be "improving the quality of life for individuals with disabilities through education and advocacy".

I thank you for your vote.



#### Shawna Lewis, GVRA—Secretary Elect

I'm Shawna Lewis and I am running for Secretary Elect for GRA. I graduated from Fort Valley University in 2014 with my Master's degree in Rehabilitation Counseling.

I have been a member of GRA since 2013. I have been with the GVRA for 8 years: 4 years as a Rehabilitation Assistant, 3 years as a Counselor and now I am currently a Team Lead. I

have a passion with helping people with disabilities to become successfully employed and an active member in their community.

I would appreciate your vote and look forward to serving GRA!

# CANDIDATE BIOS: BOARD MEMBERS AT-LARGE



Kristina Fredericksen, MS, LPC, CRC, NCC, PVE Executive Director, Metro Atlanta Vocational Services

Kristina Fredericksen holds a Master of Rehabilitation Counseling degree from Georgia State University. She is a Certified Rehabilitation Counselor, a Licensed Professional Counselor, a Professional Vocational Evaluator, as well as a Certified Provider for the Program for the Education and Enrichment of Relational Skills (PEERS®), and a Certified Special Education Advocate. Kristina is the Owner and Executive Director of Metro Atlanta Vocational Solutions, LLC.

Metro Atlanta Vocational Solutions, LLC is a rehabilitation counseling private practice that offers Career Counseling, Comprehensive & Limited Vocational Evaluations, Psychotherapy, Psychological Evaluations, Social Skills Training, and Job Readiness Training to the community and to agencies in the Metro-Atlanta area. She has experience in working with young adults and adults in supported employment services, career counseling, and mental health. Additionally, Kristina has provided Vocational Evaluations for individuals with disabilities since 2014. From 2015-2016, Kristina created and directed a work therapy program for the largest state psychiatric hospital in Georgia. This program gave hospitalized individuals, within the Forensic and Adult Population, an opportunity to work while going through the rehabilitation process. When evaluating the unique needs of her clients, Kristina develops programs that specifically target the clients goals, skills, and strengths.

Kristina is currently a member of National Rehabilitation Association, Georgia Rehabilitation Association, International Association of Rehabilitation Professionals, and Council of Parent, Attorneys, and Advocates. Kristina currently serves as Treasurer and Secretary for GRA-Metro Chapter. Furthermore, Kristina has presented at GRA conference, IDEAS Conference, and COPAA conference.

I am pleased to be running for Board Member at Large. My goal as treasurer/secretary for the metro chapter is to communicate and be a liaison between the executive board and general members. I hope I can continue this and be your liaison.



#### Ruby Kaspers, GVRA

Ruby Kaspers is a certified rehabilitation counselor for the Vocational Rehabilitation Division of the Georgia Vocational Rehabilitation Agency. She sits on the board of the Georgia Rehabilitation Association. Ruby earned bachelor's degrees in Psychology and Journalism and a master's degree in Rehabilitation Counseling from Georgia State University. She and her husband, Tyler, have one child and live in Macon.



#### Shandra Spear, GVRA

Shandra Spear has a bachelor's degree in Information Technology and a master's in Rehabilitation Counseling and maintains both her Certified Rehabilitation Counseling (CRC) credential as well as her Licensed Professional Counselor (LPC) credential. She worked for several years in community mental health before joining the Georgia Vocational Rehabilitation Agency as a CRC in 2012. She later moved to the Assisted Work Technology department, combining her technology and counseling skills as a Rehabilitation Technologist. She recently graduated from Mississippi State University

where she earned a graduate certificate as a Low Vision Specialist. Shandra is passionate about her job and is grateful for the opportunity to assist those with disabilities and feels that employment is the road to independence and self-confidence.



#### Lauri Tuten, GVRA

Lauri Tuten received a Bachelor's degree in Sociology from Augusta College and a Masters in Rehabilitation Counseling from the University of Alabama. Lauri began work with the Georgia Vocational Rehabilitation Program as a Vocational Counselor in May 1997 where she worked a general caseload and as a Vocational Rehabilitation Counselor for Transition. She obtained Certified Rehabilitation Counselor credentials in October 2002. She currently serves as the VR Assistant Director of Field Services for the East Quadrant. She is a long time member of the Georgia Rehabilitation Associa-

tion and has served as GRA Vice President, GRA President, GRA Board Member at Large, GRA Secretary and the Chair for Awards and Scholarships for numerous years. She lives in Thomson, Georgia with her spouse of 29 years, Joey. She has a son Jake, a daughter Amanda, son-in-law Chase and two granddaughters, Annabelle and Lily.

#### GRA BALLOT 2019 Election



PRESIDENT-ELECT	VICE PRESIDENT-ELECT
(Check one)	(Check one)
Keita Alston	VACANT
Name of Candidate	Name of Candidate
(Write-in)	(Write-in)
SECRETARY ELECT	
Shawna Lewis	
Name of Candidate	
(Write-in)	
BOARD MEME	BERS-AT-LARGE
The Board Members section of the ballot will be in stated in the Manual of Operations.	avalid unless four (4) names are marked for vote as
Kristina Fredericksen	Shandra Spear
Ruby Kaspers	Lauri Tuten
	(Write-in)
PLEASE MAIL BY JULY 31 TO: Michael Dorse	y, 2144 Hwy 255 South, Cleveland, GA 30528.
VOTER'S NAME:	
NRA Membership Number:	



#### The National Rehabilitation Association

P.O. Box 150235 Alexandria VA 22315 Phone: (703) 836-0850 Toll Free: 1-888-258-4295 Fax: (703) 836-0848

Email: info@nationalrehab.org | www.nationalrehab.org

#### Why Membership in NRA

- 1. **CONNECT** with affordable and varied opportunities to earn Continuing Education Credits in Rehabilitation
- 2. **NETWORK** with a variety of rehabilitation professionals
- 3. **DEVELOP** leadership skills through service on boards and committees
- 4. ADVOCATE to preserve the profession and the rights of individuals with disabilities
- **5. ACCESS** to professional publications: Journal of Rehabilitation and Contemporary Rehab
- 6. SAVE on discounted health and professional liability insurance
- 7. **ENHANCE** your membership by joining divisions

#### HISTORICAL CONTEXT

The National Rehabilitation Association (NRA) is the oldest professional member organization in the Unites States that advocates for the rights of individuals with disabilities while also promoting high quality, ethical and collaborative practice across the rehabilitation profession.

The NRA, comprised of counselors, educators, researchers and diverse agents of community integration, is committed to continuously impacting and improving upon the multifaceted conditions, across our society, necessary to enhance quality of life of individuals with disabilities, their families and our communities

#### MISSION

To provide exemplary leadership through social advocacy and legislation, advance cultural awareness and competence across communities, promote excellence in research and practice and support professionals engaged in the employment and independence of individuals with disabilities.

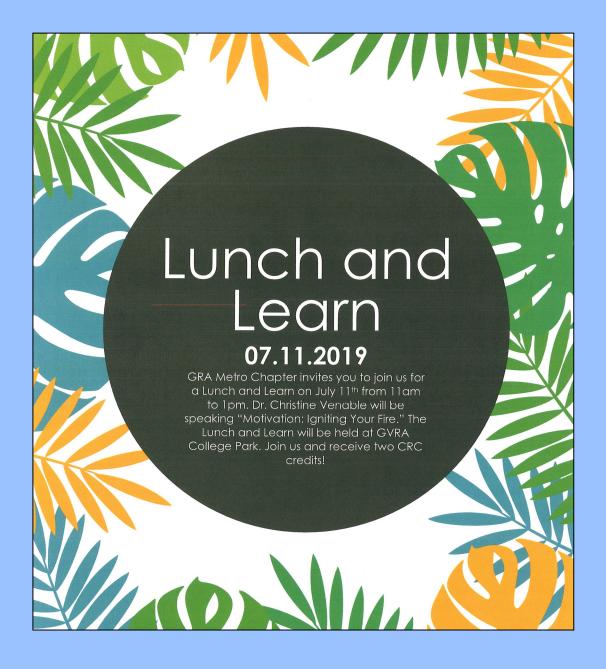
#### **VISION AND VALUES**

The NRA is committed to advancing the processional practices of rehabilitation driven by culturally-competent, ethical, evidence-based and accountable practices so that individuals with disabilities would be regarded and valued as full members of our society. These individuals deserve equal access, expression of choice and security of freedom within our communities when engaging in all aspects of life.

For more information on how to become a member of NRA, please visit <a href="https://www.nationalrehab.org/">https://www.nationalrehab.org/</a> and click the Join Us tab.

# GREAT Pictures

Metro GRA Chapter
Lunch and Learn Flyer
July 11 at College Park VR Office





#### **METRO GRA**

# LUNCH AND LEARN

SPEAKER: DR. CHRISTINE VENABLE

"MOTIVATION: IGNITING YOUR FIRE"

JULY **11, 2019** 11:00 AM - 1:00 PM

LOCATION: GEORGIA VOCATIONAL REHABILITATION AGENCY 1630 PHOENIX BLVD, COLLEGE PARK, GA 30349, ROOM 150

2.0 CRC credits will be requested

\*Bring your own lunch. Board meeting at 10:00 a.m.



# Save the Date Hosted by Alabama Rehab, Assoc. the National Rehabilitation Association PROMOTING ETHICAL AND STATE OF THE ART PRACTICE IN REHABILITATION

2020 Annual Training Conference Sept. 9th - 13th, 2020 Birmingham, AL

# GEORGIA REHABILITATION ASSOCIATION 2019 BOARD MEMBERS, CHAPTER & DIVISION PRESIDENTS AND COMMITTEE CHAIRS

\* Denotes Executive Committee Members

**President** 

\* Dana Skelton

<u>Dana.skelton-sanders@gvs.ga.gov</u> danapssanders@gmail.com

**President-Elect** 

\* Jeff Allen

jeff.allen@gvs.ga.gov

**Past President** 

\* Cheryl Braswell

Bonabeth60@gmail.com

**Vice President** 

\* Keita Alston

Keita.alston@gvs.ga.gov

**Vice President-Elect** 

\* Cecelia Walker

Cecelia.walker@gvs.ga.gov gra2014ch@gmail.com

Secretary

\* VACANT

**Secretary-Elect** 

\* Johnesha Harris

Johnesha.Harris@gvs.ga.gov

**Treasurer** 

\* LaDetria King

ladetriaking@yahoo.com

**Treasurer-Elect** 

\* Paige Tidwell-Cason

Paige@uga.edu

**Board Members** 

**Class of 2019** 

\* Janie Fuller

jdpfuller@yahoo.com

**Carmella Jennings** 

Carmella.Jennings@gvs.ga.gov

**Frank Krause** 

fbkrause4@gmail.com

\* Cheryl Meadows Ussery

cheryl@sharecoastalga.comcastbiz.net

**Class of 2020** 

**LaToya Bivins** 

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**Pam Eaton** 

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**Kathyrn Edger** 

kathryn71488@yahoo.com

Raj Pagadala

Raj.pagadala@gvs.ga.gov

Class of 2021

\* Michael Dorsey

mcdorsey@live.com

**Cheryl Leidy** 

Cheryl.leidy@gvs.ga.gov

**Shawna Lewis** 

Shawna.lewis@gvs.ga.gov

**Jason Williams** 

Jason.williams@gvs.ga.gov

**Division Presidents** 

**GAMRC** 

**Shrika Montgomery** 

Shrika.montgomery@gvs.ga.gov

**GARL** 

**Jason Williams** 

Jason.williams@gvs.ga.gov

**GRCEA** 

**Shirley Robinson** 

shirley.robinson@gvs.ga.gov

# GEORGIA REHABILITATION ASSOCIATION 2019 BOARD MEMBERS, CHAPTER & DIVISION PRESIDENTS AND COMMITTEE CHAIRS

**Local Chapter Presidents** 

East

**Tamekia Parker** 

Tamekia.parker@gvs.ga.gov

**Highlands** 

**Angelica Sanchez** 

Angelica.sanchez@gvs.ga.gov

Metro

**Lutrell Thomas** 

Lutrell.thomas@gvs.ga.gov

Northeast

Joyesha (Joi) Blake

Joyesha.blake@gvs.ga.gov

**RWSIR** 

**Cheryl Leidy** 

Cheryl.leidy@gvs.ga.gov

South

**Nicky Lamb** 

Nicky.lamb@gvs.ga.gov

West

**Jason Williams** 

Jason.williams@gvs.ga.gov

**Committee Chairs** 

Administrative Policy

**Jennifer Howell** 

jhowell07@hotmail.com

Archives

**Paige Tidwell** 

paige@uga.edu

**Awards & Scholarships** 

**Shelley Kraft & Lauri Tuten** 

<u>Shelley.kraft@gvs.ga.gov</u> Lauri.tuten@gvs.ga.gov **Building & Modifications** 

Raj Pagadala

Raj.pagadala@gvs.ga.gov

Certification (CEUs)

**Carmella Jennings & Paige Tidwell** 

Carmella.Jennings@gvs.ga.gov

paige@uga.edu

Conference

**Keita Alston** 

Keita.alston@gvs.ga.gov

**Credentials** 

LaToya Bivins & Katavia Sloan

<u>Latoya.bivins@gvs.ga.gov</u>

Katavia.sloan@gvs.ga.gov

**Education & Advocacy** 

**Cheryl Braswell & Cheryl Meadows Ussery** 

Bonabeth60@gmail.com

cheryl@sharecoastalga.comcastbiz.net

**Finance** 

**LaDetria King** 

ladetriaking@yahoo.com

Finance Review

**Pam Eaton** 

pamela.eaton@gvs.ga.gov

**Fundraising** 

**Tamie Randall** 

Tamie.randall@gvs.ga.gov

Hospitality

**Michael Dorsey** 

mcdorsey@live.com

Marketing/PR

**Inger Neal** 

Inger.neal@gvs.ga.gov

## GEORGIA REHABILITATION ASSOCIATION 2019 BOARD MEMBERS, CHAPTER & DIVISION PRESIDENTS AND COMMITTEE CHAIRS

Membership

Jennifer Howell

Jennifer.howell@gvs.ga.gov

Newsletter

**Keita Alston & Ruby Kaspers** 

<u>Keita.alston@gvs.ga.gov</u> Ruby.kaspers@gvs.ga.gov

**Nominations** 

**Cheryl Braswell** 

Cheryl.braswell@gvs.ga.gov Bonabeth60@gmail.com

Remembrance

**LaDetria King** 

ladetriaking@yahoo.com

Resolutions

**Jason Williams** 

Jason.williams@gvs.ga.gov

**Special Projects** 

**VACANT** 

Strategic Planning

Jeff Allen

ieff.allen@gvs.ga.gov

Website

**Keita Alston & Ruby Kaspers** 

Keita.alston@gvs.ga.gov

Ruby.kaspers@gvs.ga.gov

**Ex-Officio** 

(GRA members who hold office within NRA or SERNRA or any division thereof)

GRA Rep to SERNRA Board

**Dana Skelton-Sanders** 

<u>Dana.skelton-sanders@gvs.ga.gov</u> danapssanders@gmail.com

NAMRC President

**Michell Temple** 

michelltemple@yahoo.com

RCEA President

**Dru Fentem** 

dmfentem@gmail.com

**SERCEA** 

**Dana Skelton-Sanders** 

<u>Dana.skelton-sanders@gvs.ga.gov</u> danapssanders@gmail.com

VEWAA treasurer & Rep. to NRA Board

**Paige Tidwell** 

paige@uga.edu

**GRA Contact Administrative Assistant** 

**Ellen Longino** 

ellen697@yahoo.com

## **2019 GRA CALENDAR**

MAR	Mar. 7: Financial Review 9:30 AM; Executive Board 11 AM; Conference 2 PM
2019	Mar. 8: GRA Board Meeting 9:30 AM-12 PM
	Location: Macon VR Office
	Mar. 31-Apr. 2: 2019 NRA Annual Disability Employment Summit @ Hilton, Old Town Alexandria, VA
APR 2019	<b>Apr. 22:</b> Required QUARTERLY FINANCIAL INFORMATION due to Administrative Assistant from all Chapters and Divisions
MAY 2019	May 16: Financial Review 9:30 AM; Executive Board 11 AM; Conference 2 PM May 17: GRA Board Meeting 9:30 AM-12 PM
	Location: Macon VR Office
JUN	Jun. 27: Financial Review 9:30 AM; Executive Board 11 AM; Conference 2 PM
2019	Jun. 28: GRA Board Meeting 9:30 AM-12 PM
	Location: Macon VR Office
	<b>Jul. 22:</b> Required QUARTERLY FINANCIAL INFORMATION due to Administrative Assistant from all Chapters and Divisions
JUL 2019	<b>Jul. 22</b> : Required QUARTERLY FINANCIAL INFORMATION due to Administrative Assistant from all Chapters and Divisions
AUG 2019	Aug. 6-9: GRA Annual Training Conference Savannah Riverfront Marriott
OCT 2019	Oct. 17: Financial Review 9:30 AM; Executive Board 11 AM; Conference 2 PM Oct. 18: GRA Board Meeting 9:30 AM-12 PM
	Location: Macon VR Office
	<b>Oct. 21</b> : Required QUARTERLY FINANCIAL INFORMATION due to Administrative Assistant from all Chapters and Divisions
DEC 2019	<b>Dec. 4:</b> Financial Review 9 AM; Executive Board 11 AM; Leadership Training 12 PM — 5 PM
	Dec. 5: Leadership Training for 2020 GRA Board
	Dec. 6: GRA Board Meeting 9:30 AM-12 PM
	Location: TBD